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School of Nursing and Midwifery จาก
Deakin University

Thai Traditional Massage Program for School of Nursing & Midwifery, Newcastle University, Australia

10th - 23rd July 2017

Date/Time	08.30-9.00	9.00-9.30	09.30—12.00	12.00 - 13.00	13.00—16.30	
10 July (Mon)				Lunch	Arriving in Lampang	
11 July (Tue)	-Welcome & Opening Ceremony (1/2 hr) -Getting to know each other		Introduction to Thai Traditional Medicine (Theory) (2.30 hrs) T	Lunch	Introduction to Thai Massage (Theory) (1.30 hrs) T	Go to Chiang Rai
12 July (Wed)	Meditation Lesson at Rai Cherntawan (3.30 hrs) P			Lunch	Rong Khun Temple / Black House	
13 July (Thu)	Student International Conference at BCN Phayao (3.00 hrs) O			Lunch	International Conference at BCN Phayao (3.00 hrs) O	Go to Lampang
14 July (Fri)	Briefing	Senior Health Promotion Club & Cultural Day (3.00 hrs) O		Lunch	Visit to Lampang Hospital Delivery Suite (2.00 hrs) O	Thai Massage & Spa Entrepreneurship & Experiences (2 hrs) O
15 July (Sat)	Briefing	Thai Language	Rue Si Dad Ton (Contorted Hermit Physical Maneuver) (2.30 hrs) T, P	Lunch	Thai Massage: Commoner Style: Relaxation (Demonstration & Practice) (3.30 hrs) P	Lampang Walking Street Market: (Kongta)

Date/Time	08.30-9.00	9.00-9.30	09.30—12.00	12.00 - 13.00	13.00—16.30		
16 July (Sun)	Free morning				Lampang Herb Conservation centre: Thai Massage Experience (Optional) (3.30 hrs) O		Lampang Walking Street Market: (Kongta) (Optional)
17 July (Mon)	Briefing	Thai Language	Thai Massage: Commoner Style: Relaxation (Demonstration & Practice) (2.30 hrs) P	Lunch	Thai Massage: Commoner Style: Relaxation (Demonstration & Practice) (3.30 hrs) P		
18 July (Tue)	Briefing	Thai Language	Thai Massage: Commoner Style (Cont') (2.30 hrs) P	Lunch	Thai Massage: Foot Massage (Demonstration & Practice) (3.30 hrs) T,P		
19 July (Wed)	Briefing	Thai Language	Traditional Healing Practices (3 hr) O	Lunch Restaurant	Indra Ceramic	Fairy Garden Healing Heaven (2 hr) P	18.00 Thai Style Dinner (P)
20 July (Thu)	Briefing	Thai Language	Thai Massage (Practice) (2.30 hrs) P	Lunch	Thai Massage (Return Demonstration) (3.30 hrs) P Evaluation & Closing Ceremony		Farewell Party
21 July (Fri)	Briefing	Thai Language	Thung Bo Paen Rehabilitation Centre (3.30 hrs) O	Lunch Box	Elephant Conservation centre (3.00 hrs) O		Shopping at Chiang Mai Night Bazaar

Date/Time	08.30-9.00	9.00-9.30	09.30—12.00	12.00 - 13.00	13.00—16.30
22 July (Sat)	Cultural excursion			Lunch	Cultural excursion Shopping at Chiang Mai Night Bazaar
23 July (Sun)	Packing and Checking out			Lunch	Departure
Total	50 hrs Theory T: 6 hrs Practice P: 28.5 hrs Observation and Participation O: 26 hrs Language T 3 hrs P 12 sessions				

Massage Master: Ajarn Thanakorn Tuykrua (Ajarn Rung) T = 6 hrs P = 22 hrs

Thailand Cultural Study Tour 2017 for Deakin University School of Nursing & Midwifery

Title: "Health and Nursing in Thailand in Time of Changes: Toward Better Understanding of Australian and Global Health"

Day/Date	Activities	Methods of Learning Dress Requirement	Remarks
27 June 2017 Tuesday	- Meet at Chiang Mai International Airport Transport to Lampang (approx. 2 hours by bus)	neat, respectful, casual	Dr. Piyatida Junlapeeya Dr.Ekkarat Pinprapaphan
28 June 2017 Wednesday 7.30	Breakfast		
9.00 -10.30	Room: Manee Khelang Hall Opening and getting acquainted with each other <ul style="list-style-type: none"> • Welcome by Director of BCNLP Mrs. Jarouyporn Thaklaewpan • Introducing BCNLP staff • Introducing Deakin University staff 	Deakin Uniform	Director Jarouyporn Thaklaewpan (Boromrajonani College of Nursing Nakhon Lampang—BCNLP)
10.30 – 10.50	BCNLP and Deakin University Collaboration	Deakin Uniform	Dr.Thaworn Lorga Deputy Director for Research and Community Engagement
10.50 – 11.10	Briefing of Thailand Cultural Study Tour 2016 <ul style="list-style-type: none"> • Objectives • Programs and activities • Requirements 	Lecture Deakin Uniform	Dr. Piyatida Junlapeeya, Head of Research, International Affairs and Knowledge Management
	What do Deakin students expect from this study tour? <ul style="list-style-type: none"> • What do the students expect? • How would they like to achieve it? 	Discussion Deakin Uniform	Deakin students/ Dr. Piyatida Junlapeeya

Day/Date	Activities	Methods of Learning Dress Requirement	Remarks
11.10 – 12.00	Ice breaking activity	Deakin Uniform	Aj. Payom Thin-Oun Aj. Kesorn Maneewan Deakin Students
Lunch	Sixth Floor		
13.00 – 16.00	Room: Manee Khelang Hall • Australian Health care systems presentation by students of Deakin University • Mental Health Care in Thailand	Presentation/Discussion Deakin Uniform มีนักศึกษาที่เลี้ยง 8 คน	Dr. Prisana Nuanbunreung Dr. Piyatida Junlapeeya Dr. Ekkarat Pinprapaphan Dr. Suwattana Khumsuk Aj. Woraporn Tinwang Aj. Nareuporn Pongkunakorn Aj. Maneerat Phansawad
18.00 – 21.00	<i>Fai Kham Hall</i> Reception and Cultural exchange	neat, respectful, casual ผ้าอ้วน	BCNLP Directors, Faculty and students
29 June 2017 Thursday			
7.30	Breakfast		
9.00 -12.00	Thung Bo Pan Rehabilitation Centre โก๋ ข้าวเที่ยงที่ เหวลางค์	Observation Deakin Uniform	Dr. Piyatida Junlapeeya
Lunch	Sixth Floor		
13.00 – 15.30	Primary Health Care – Formal Sector Sri Muad Klao Primary care Center (Home visit) โก๋ พี่อ้อ พี่ศิริ พี่เลี้ยง	Visit/Observation Deakin Uniform	Dr. Piyatida Junlapeeya Dr. Suwattana Khumsuk Dr. Theerarat Bunkuna
	Debriefing session		

Day/Date	Activities	Methods of Learning Dress Requirement	Remarks
16.00 – 17.00	Exploring Lampang Six C's: <ul style="list-style-type: none"> • Cultural Heritage • Horse Carriage • Great Chedi of Lampang • Elephant Conservation Centre • Rice Cracker • Coal Mining • Ceramic 	neat, respectful, casual	BCNLP students
30 June 2017 Friday			
7.30	Breakfast		
8.30 – 12.00	Traditional Healing Practices – People Sector แม่เมาะ ไก่ ฟื้อ ฟืศรี	Visit/Observation/Hands-on Deakin Uniform	Dr. Piyatida Junlapeeya Dr.Ekkarat Pinprapaphan Dr.Suwattana Khumsuk
13.00 – 17.00	Tertiary Health Care - Lampang Regional Hospital (Medical / Surgical / Pediatric wards) -The Fairy Garden Project	Visit/Observation Deakin Uniform	Dr. Piyatida Junlapeeya Dr. Srijan Plabjan Dr.Somprathana Sudjainak
	Debriefing session		
1 July 2016 (Saturday)			
7.30	Breakfast		
8.30 – 16.00	Mae Kong Community: Home Stay Primary Health Care – People Sector <ul style="list-style-type: none"> • Aged Care volunteers • Thai Traditional Massage • Thai Traditional Dessert • Thai Traditional Rice Offering (Bai Sri) • Rice Cracker 	Visit/Observation/Hands-on Deakin Uniform	Dr.Thaworn Lorga Dr. Prisana Nuanbunreung Dr. Piyatida Junlapeeya Dr.Ekarat Pinprapaphan Dr.Suwattana Khumsuk Aj. Payom Thin-Oun Aj. Kesorn Maneewan

Day/Date	Activities	Methods of Learning Dress Requirement	Remarks
	<ul style="list-style-type: none"> ไก๋ ฟื้ออ ฟื้ศรี ฟื้เจียบ 		Aj. Chaweewan Jitsakorn
	Exploring Lampang Six C's: <ul style="list-style-type: none"> Cultural Heritage Horse Carriage Great Chedi of Lampang Elephant Conservation Centre Rice Cracker Coal Mining 		Aj. Maricor Balucanag Aj. Jona Jean Palaleo Ms. Patcharee Kedtate BCNLP buddies
18.30-21.00	Traditional Northern Style Dinner and Cultural exchange ไก๋ ฟื้ศรี ฟื้เจียบ	neat, respectful, casual (Traditional Northern Outfit)	Mae Kong Community BCNLP Faculty and Students
2 July 2016 Sunday 9.00 – 12.00	Breakfast Health of the Elderly: Interview the host family Exploring Lampang Six C's: <ul style="list-style-type: none"> Cultural Heritage Horse Carriage Great Chedi of Lampang Elephant Conservation Centre Rice Cracker Coal Mining 	Hands-on/visit neat, respectful, casual	Dr.Thaworn Lorga Dr. Prisana Nuanbunreung Dr. Piyatida Junlapeeya Dr.Ekarat Pinprapaphan Dr.Suwattana Khumsuk Aj. Payom Thin-Oun Aj. Kesorn Maneewan Aj. Chaweewan Jitsakorn Aj. Maricor Balucanag Aj. Jona Jean Palaleo Ms. Patcharee Kedtate BCNLP buddies
Lunch	Log in		
18.00 – 22.00	Lampang Walking Street (Khong Ta)	neat, respectful, casual	BCNLP buddies
3 July 2016 Monday			
7.30	Breakfast		
8.00	Luggage Loading		

Day/Date	Activities	Methods of Learning Dress Requirement	Remarks
8.30 – 12.00	Exploring Lampang Six C's: <ul style="list-style-type: none"> • Cultural Heritage • Horse Carriage • Great Chedi of Lampang • Elephant Conservation Centre • Rice Cracker • Coal Mining 	Visit/Observation Deakin Uniform	Dr. Piyatida Junlapeeya Dr.Ekarat Pinprapaphan ** En route to Chiang Mai
12.00 – 18.00	Free Time		
18.00 – 21.00	Chiang Mai Night Bazar	neat, respectful, casual	Dr. Piyatida Junlapeeya Dr.Ekarat Pinprapaphan
4 July 2016 Tuesday	Breakfast Free day – Packing etc. Transfer to Chiang Mai airport at noon	neat, respectful, casual	Dr. Piyatida Junlapeeya Dr.Ekarat Pinprapaphan

Note: Refreshment: 10.30 – 10.45 and 14.30 – 14.45 / Lunch at 12.00

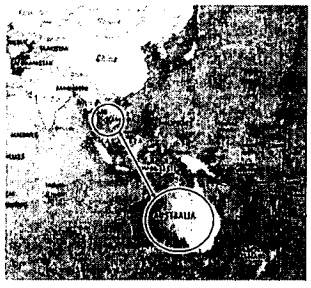
Australian Local Governments and Care of Older Persons: Lessons for Thailand

Deakin University, Melbourne, Australia

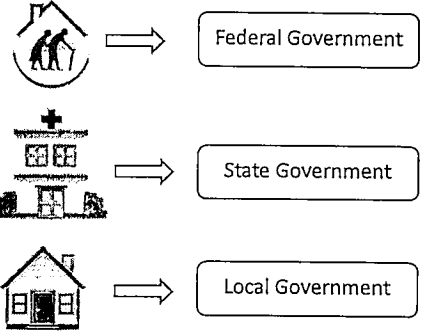
Victorian Local Governments



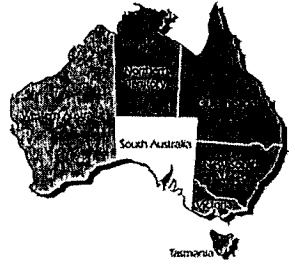
Australia and Thailand



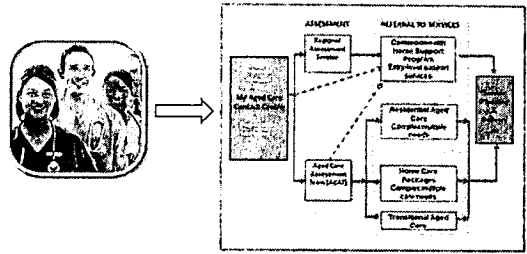
Where are the older persons?



Australian States



Aged Care Assessment Team (ACAT) & Care Plan



Shopping



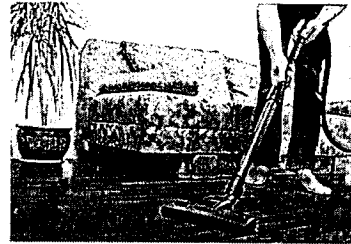
Dressing & Grooming



Meals on Wheels



House Cleaning



Bathing



Recreations

